

Westend Coffee Shop

Our busy on-site restaurant provides a wide range of foods in a friendly family setting or take-away style.

Staff also cater for gatherings, meetings and family functions outside the Centre.

Talk to Barry or Declan at

The Aisling Centre

Mobile: 07979 975000

Shop No: (028) 6634 0475



If you would like further details about any of the information contained in this leaflet, please contact Reception at

The Aisling Centre

37 Darling Street
Enniskillen
Co. Fermanagh
BT74 7DP

Tel. No: (028) 6632 5811
Fax. No: (028) 6632 5184

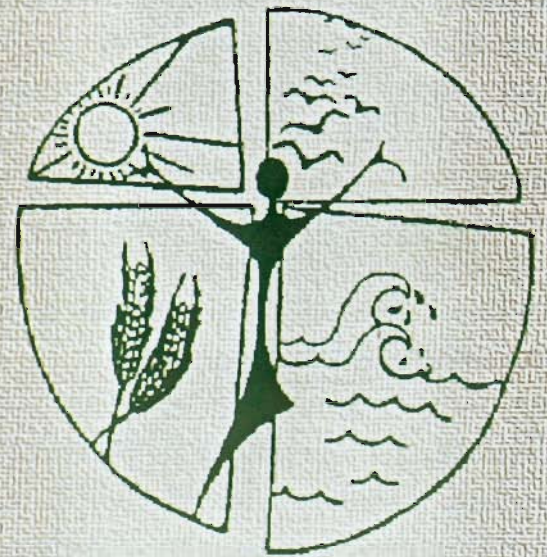
Web Site: www.aislingcentre.com



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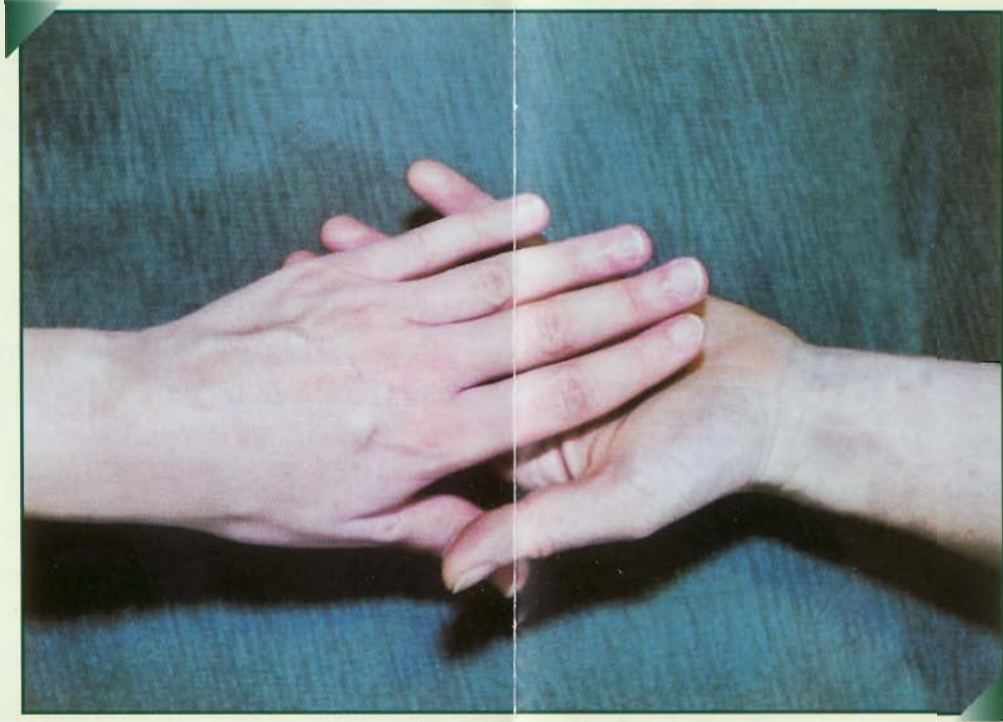
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Aisling



Centre

Aisling Centre Vision Statement



The Aisling Centre . . . a dynamic vital resource, which embraces the diversity of the community and offers a dream of wholeness for everyone.

The Aisling Centre has easy access to all . . . is welcoming to all . . . creating an atmosphere where healing and growth can happen.

The heart of the Centre is about bringing hope and offering new opportunities to enhance self-esteem so that people can live in more creative and meaningful ways.

. . . a 'dream of wholeness' for each individual, family and community through the provision of

- A professional counselling service
- Personal development programmes
- Crèche facility
- A range of alternative therapies such as massage, aromatherapy and reflexology
- Coffee Shop (with outreach facility)
- Room Rental & Conference Facilities



Room Hire

We cater for large (up to 60 people) and small groups, conference style meetings or private functions. We offer a friendly environment and personal service with a range of facilities including extensive catering service available on site.

There is access for people with limited mobility and wheelchair users also hearing loop systems in some rooms to assist with hearing difficulties.

Audio visual equipment i.e. overhead projectors, flipchart, TV and video are available.

The Aisling Centre has office accommodation available to let for long term use, suitable for individuals or small groups.



Non Troubles related Counselling

Individual counselling is available for all adults (i.e. 18 years upwards) and children aged 7 to 12 years, regarding various concerns including bereavement, work stress, sexual abuse, family stress, relationship issues (not couple counselling), domestic violence, depression.

Accessing the Counselling Service

- Self referral via completion of a Self Referral Form.
- Referral Agent (e.g.; GP, Social Worker, CPN) via completion of a Referral Agent Form.

Referral Forms are available at Reception 9.00am - 5.00 pm or may be posted out on request.

General information about the Counselling Service or other facilities is available via the secretary 9.00am - 5.00 pm, Mon - Fri.

Standards of Counselling Service Provision

- The Aisling Centre is an organisational member of the British Association of Counselling & Psychotherapy (BACP).
- Confidentiality is respected at all times within the Aisling Centre in keeping



Aisling Darlings Crèche

Aisling Darlings Crèche caters for pre-school children.

Morning sessions run 9.00am - 1.00pm

Afternoon sessions run 2.00pm - 5.00pm

Fees are charged per session per child with a retainer fee being charged when the child is absent for holiday or sickness. Food is provided at an extra cost per session or parents can choose to bring along their own food for their child/ren.

The fully qualified staff are committed to



The Counselling Service

The Counselling Service is mainly supported through external funding bodies including the Community Relations Council and the Western Health & Social Care Trust. Voluntary donations are welcome. Clients are also asked to contribute £5.00 per session. (Initial appointments are free).

Troubles Related Counselling and Counselling related support

- Individual Counselling is provided for victims and survivors of the 'Troubles' whether they've had direct experience or have been affected by others' experience. This service is available for people aged from 7 years upwards.
- A qualified Art Therapist is available for individual Art Therapy or Group Support using art.
- An Outreach Worker is also available to provide stress management/personal development programmes to groups.

with the BACP standards and the Data Protection Act.

Interagency work

The Counselling Service is an active member of the following bodies:

- Western HSCT Trauma Advisory Panel
- Western HSCT Interagency Group - Psychosexual Services
- Fermanagh Drug & Alcohol Forum
- Western HSCT Domestic Violence Interagency Forum
- We also liaise closely with other relevant agencies including Healing Through Remembering, CRUSE Bereavement Care, FTC, Western Health and Social Care Trust Suicide Prevention Strategy Group

Partnerships

We put a high value on working in collaboration with other agencies both voluntary and statutory. We work closely with many local organisations such as Fermanagh Community Addiction Team, Nu Life Weight Loss Clinic, Aware, some of whom rent space in our Centre because of our user friendly environment.

providing a happy atmosphere and an opportunity for children to develop new skills and even greater confidence.

The crèche is for the child/ren of any parent who feels under pressure and would like a 'little breather' in the busy and demanding role as mother, father or carer. We support parents in developing their own resources.

Massage - Reflexology

Many people feel the benefit of massage or reflexology to aid the healing process and to help them deal with the pressures of everyday life. We have a range of professional therapists who offer their services within the Centre.

