

# **EHSSB TRAUMA ADVISORY PANEL**



**ANNUAL REPORT 2005/2006**



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# FOREWORD BY THE CHAIRS

*Sandra Peake, Chair, EHSSB Trauma Advisory Panel*

*Hugh Connor, Chair, EHSSB Trauma Implementation Group*

This is the first annual report of the work of EHSSB TAP.

Although the sector experienced another year of uncertainty in terms of strategy for future development and the shrinkage in EU Peace 2 funds, the panel's membership continued to expand and its work agenda to develop.

The panel enjoys the support of a range of agencies from community, voluntary and statutory sectors, with 60 agencies in total on the membership register.

The Eastern Board area benefits from having a wide range of services for victims and survivors available to its population, as can be seen in the Directory of Services.

Partnership working continues to develop in the sector. The panel's work is underpinned by this ethos and we are keen to support the further development of a network of support services and training for organisations, with the objective of enhanced provision for people suffering trauma as a result of the 'Troubles'.

Sustainability has been and remains a major issue of concern to all in the sector, including the panel. In the light of reduced funds, co-operation will be key in future systems, and to this end the initial report of the

Interim Commissioner for Victims & Survivors on the issue will be significant.

The major piece of work for the Trauma Advisory Panel in year 2005/6 was the response to the Victims Strategy Consultation by the Victims Unit. The strategy proposals included structures for the sector in which TAP would play a pivotal role, and recognition was given to TAP's ongoing and significant role in terms of peace-building.

With the appointment of the Interim Commissioner for Victims and Survivors, Mrs Bertha McDougall, the publication and implementation of the strategy proposals have been delayed pending her report reviewing structures, funding and the potential for a Victims and Survivors forum.

The panel's task over the coming year is to consolidate the work completed in these uncertain times, to support the sector through transition and to contribute to planning for the next phase of policy.

The Review of Public Administration will present many challenges, as will preparation for transition towards new structures and timelines as outlined in the strategy proposals. We await the final report of the Interim Commissioner for Victims and Survivors with great interest.

# THE TRAUMA IMPLEMENTATION GROUP

The Trauma Implementation Group (TIG) is the 'executive' group of the panel and is responsible for setting TAP's work agenda. TIG is chaired by Hugh Connor, Director of Social Services.

Following consultation with the broad TAP membership in 2004 it was agreed that TIG, hitherto comprised of statutory representatives, should be broadened out to include voluntary sector and community-based representation, and service user representation from individuals active in the sector.

The restructured Trauma Implementation Group met for an 'Away Day' for the first time in February 2005. The process of reconfiguration was carried out on TAP's behalf by the Community Relations Council, and included a new group of service users

TAP restructured the Trauma Implementation Group (Chaired by DSS) from a purely statutory group into a cross-sectoral 'executive' with the support of the Community Relations Council.

TIG now comprises voluntary, community and service user representatives – people directly affected by the Troubles and who will challenge accepted practice.

The objective is to bring a business focus to the work and to focus on product – although the debate is also key in the process. Much of the work is about facilitating openness in communication and holding the diverse group together in order to take the work agenda forward.

TIG's first task was to agree an 'interim' business plan for the year prior to expected publication of the new strategy (see Appendix). A set of objectives was agreed and targets have been met with the exception of those which are dependent on Strategy Implementation.

# TRAUMA ADVISORY PANEL

The panel membership continues to expand and enjoys support from voluntary, community and statutory agencies. TAP attempts to be an open and inclusive forum for all those tasked with addressing issues arising from the trauma of the 'Troubles'.

## Regional Initiatives

### 1. **Victims Unit Strategy for Victims and Survivors Consultation**

TAP agreed a process for the consultation response, which included hosting a consultation day on behalf of the Victims Unit in June 2005.

Broadly, TAP was in agreement with the majority of strategy proposals as they related to business planning, needs assessment and the appointment of an Advisor post. However, there was no agreement on the proposal that TAP, as an inter-agency forum, be placed on a statutory basis.

Concern was expressed regarding the appointment of a Commissioner, particularly with regard to the remit and scope of such an appointment.

### 2. **Regional Needs Assessment Initiative**

At the November meeting of TIG it was agreed that TAPs should begin to progress the initial planned work on Needs Assessment on a regional basis. This could be done in preparation for publication of the draft Strategy for Victims and Survivors and the report of the Commissioner for Victims and Survivors late in 2006.

John Clarke, Head of the Victims Unit, agreed and began to develop guidance for the process, which began in January 2006 with a four TAPs meeting in Ballymena. The Victims Unit have advised that, given the difficulties associated with needs assessment in this area, it will be a developmental process which will be ongoing for some time.

Planning for the first phase of Needs Assessment has continued with a three-day workshop focused on project initiation with the Victims Unit and four TAP Co-ordinators in April, and an extensive piece of work by Arlene Healey who has produced a comprehensive Literature Review.

### **3. Special European Union Programmes Body (SEUPB)/ Community Foundation for Northern Ireland (CFNI) – Peace Measure 2.4 Panel**

The Co-ordinator has served on the CFNI's Peace II Measure 2.4 funding panel on behalf of TAP for the past three years, along with the late Brendan Bradley. Following Brendan's death in February 2005, the panel appointed Elizabeth Pearce of CRUSE Belfast to represent EHSSB TAP on the Peace II Panel. Peter Gibson was nominated by TIG to sit on the 2.4 Appeals panel on TAP's behalf.

The scope of the Measure (formerly 2.4b & 2.7) has changed to include both victims and survivors and ex-prisoner groups, which has resulted in four members of EHSSB TAP now sitting on the Measure panel. The allocation of funds has also reduced considerably, a fact which, together with revised criteria regarding the 'reconciliation' element of projects, has had significant impact upon organisations in the sector.

#### **4. Community Relations Council Victims Conference 2005**

The Co-ordinator also facilitated two workshops on Resilience on behalf of the panel at the Community Relations Council's Victims Conference in April 2005. This was well attended and feedback indicated a need for further debate in this area of work as it related to trauma.

#### **5. Community Relations Council Core Funding Panel**

TAPs are represented on the Core Funding panel by Sheena Funston, WHSSB TAP.



# TAP PROJECTS

## I. 'Dealing with the Past'

'Dealing with the Past, Looking to the Future

Principles, values and recommendations for the care and support of individuals and families in any individual 'Dealing with the Past' process.

Following the announcement of a consultation on 'Dealing with the Past' in 2004 by the then Secretary of State Paul Murphy, the panel engaged in discussions about how we might engage in the debate. It was decided that a project group would be convened to look at 'Dealing with the Past', with the central concern being the care and support of those most deeply affected by any processes that might ensue. This was a diverse group, representing a range of views, backgrounds and experiences of the conflict.

The project group spent a year working to produce a consensus document, in which locally appropriate principles, values and recommendations were made regarding the care and support of those faced with 'Dealing with the Past'. An additional issue of concern for the project was the potential for adverse impact upon workers supporting people through any such processes.

The project group's report was launched at the Long Gallery, Parliament Buildings on 6<sup>th</sup> June 2006, with Dr Kieran Deeny MLA hosting the event.

## **2. Directory of Services & Services for Traumatic Stress 'signposting' leaflet**

In 2003, the panel began to develop a web-based directory of services for trauma with an online database located on the EHSSB website.

This will be an ongoing piece of work, requiring regular updates.

Phase 1 of the project completed in May 2005 with the assistance of Pauline Treanor of EHSSB Corporate Services.

Phase 2 is also complete with the publication of the Services Directory information along with this report. Future development is likely to involve further links on the website.

Publication of the leaflet '*Services for people who have experienced TRAUMATIC STRESS*' is also pending publication, following extensive consultation with the wider TAP.

## **3. 'Sudden Death' Resource - Suicide in the Family & Guidelines for Professionals and Support workers**

This project represents the latest development in the series of the 'Sudden Death' psycho-educational booklets on traumatic grief, and was initiated in response to need identified by the panel.

## **4. Emergency Protocols**

This project was initiated in response to the recommendations of the panel's 2003 Needs Assessment Report.

Discussions with the project group and desktop research/ correspondence exercise with statutory services (PSNI, Fire, Ambulance, acute hospitals) undertaken by the Co-ordinator identified a number of areas of concern regarding a co-ordinated response to major incidents.

This is a complex field. The primary concern of the project group is that the psychosocial response is embedded in the integrated plans. The task of integrating emergency plans has been given to the inter-agency group Belfast Resilience. The Home Office Working Group on Mass Fatalities is another major national initiative which feeds into the proposed NI Civil Contingencies Framework and which relates to this project.

The co-ordinator has met with the Emergency Planning Society to seek guidance regarding effective scoping of the project's work.

## **5. One-stop shop models**

This project was also initiated in response to the recommendations of the panel's 2003 Needs Assessment Report.

A 'one stop shop' was identified as a helpful resource for victims and survivors. However, given the range of models in operation in the sector, developing a comprehensive concept of a one stop shop proved challenging.

Correspondence with the full range of service providers, together with desktop research, identified a number of models, which were forwarded to the Victims Unit with a view to informing the new Strategy.

## **6. Chronic Pain Project**

The need for services for victims of the Troubles who are experiencing Chronic Pain was identified by TAP. However, it was difficult to obtain access to individuals willing to participate in a research project.

John O'Hanlon of Mater Hospital Trust carried out an audit of pain clinics on our behalf, but this very welcome initiative only served to confirm our fears that the target client group were extremely difficult to identify and access.

Following the publication of the EHSSB Strategy on Physical Disability and Sensory Impairment, the Board identified training funds for HPSS staff for the implementation of the Strategy. It was proposed that some of the funds be used to facilitate a Study Day on the impact of Troubles-related trauma vis a vis physical injury - chronic pain, amputation, burns, sensory disability, etc.

TAP's Chronic Pain project group has been asked to provide the advisory role in preparing for the event and to take forward issues arising from the workshops and presentations. The Study Day is planned for Autumn 2006 and will include substantial service user and professional input.

## **7. Victims Strategy Implementation Fund Project – Trauma Training – Cognitive Psychotherapy & EMDR**

TAP received money from Victims Strategy Implementation Fund to develop training for practitioners based on the Clinical Resource

Efficiency Support Team (CREST) Guidelines for the Management of Post Traumatic Stress Disorder (PTSD) in adults, developing EMDR (Eye Movement Desensitisation and Reprocessing) training and training in Cognitive Psychotherapy for trauma.

The Eye Movement Desensitisation and Reprocessing (EMDR) programme began in February 2006 with EMDR Level I and was facilitated by TMR Health Professionals, with Michael Paterson and Gerry Puk, EMDR Institute Trainer.

The EMDR programme – Intermediate and Level II – will complete by the end of September 2006 and confers eligibility for accreditation with EMDR Europe.

The Cognitive Therapy for Trauma programme facilitated by the Northern Ireland Centre for Trauma and Transformation is due to commence in September 2006 (PG Certificate, Diploma and Masters will be available at University of Ulster at Magee).

Following some protracted difficulties in terms of validation and course content, the programme was further delayed as the small number of successful candidates meant that it was not viable. A further successful recruitment and selection process has been conducted across the region by the University.



# TAP Co-ordinator Activities

The co-ordinator contributed to the following over the year:

- Ongoing liaison with Victims Unit in preparation for the next phase of policy currently in draft, particularly re. needs assessment.
- DHSSPS Advisory Group to take forward recommendations regarding trauma services within health and social care.
- Historical Enquiries Team – advice and training.
- Support of Victims Unit work with Faith Communities.
- Facilitation of Regional Needs Assessment initiative with all four panels.
- Inter-departmental links made through Benefits Agency/SSA supporting their regional staff ‘sensitivity training’ initiative.
- Ongoing liaison with office of the Interim Commissioner for Victims and Survivors.
- Supporting resilience work – e.g. Victims and Survivors Conference – Community Relations Council.
- Funding – role re. Peace II panel allocating funding for groups and projects.
- Support and sign-posting/referral for individuals.
- Advisory role with regional organisations/agencies – e.g. Compensation Agency, Victim Support.
- Feed in to national/international network re practice, research, peer support as Vice Chair British & Irish Society for Traumatic Stress Studies and as part of the organising committee of the society’s 2006 Regional Workshops with the Board of the European Society for Traumatic Stress Studies.

# APPENDIX I: MEMBERSHIP

## EHSSB TAP PEOPLE

### EHSSB TRAUMA IMPLEMENTATION GROUP MEMBERS

Chair of TIG – Hugh Connor, *Director of Social Services EHSSB*

Alistair Black, *Police Rehabilitation & Retraining Trust*

Arlene Healey, *Family Trauma Centre*

Bernard Henry, *Shankill Stress & Trauma Centre*

Beth McGrath, *Service User Representative*

Clare Rogan *New Life Counselling*

Emer Smyth, *Ed Psychology, SEELB*

John Swift, *Service User Representative*

Mary Corry, *N&W Belfast Trauma Centre*

Martin Snodden, *Conflict Trauma Resource Centre*

Michael Culbert, *An Coiste*

Oscar Daly, *Psychiatry/Down Lisburn Trust*

Pat Campbell, *Service User Representative*

Patricia Donnelly, *RVH, Director of Clinical Services*

Patricia Jamshidi, *Corpus Christi Counselling Services*

Paula Grant, *Nursing/Green Park Trust*

Peter Gibson, *Deputy Director Social Services, EHSSB*

Sandra Peake, *Chair TAP/CEO WAVE Trauma Centre*

## **EHSSB TRAUMA ADVISORY PANEL MEMBERS**

Chair of TAP – Sandra Peake, *CEO WAVE Trauma Centre*

Alan Chard, *Down Lisburn Trust*

Alan McIntosh, *North Down & Ards Trust*

Alistair Black, *Police Rehabilitation & Retraining Trust*

Arlene Healey, *Family Trauma Centre*

Bernard Henry, *Shankill Stress & Trauma Centre*

Beth McGrath, *Service User Representative*

Brenda Faulkner, *Victim Support (Lisburn)*

Brian Mullan, *Community Relations Council*

Brid De Ornellas, *Occupational Therapy*

Clare Rogan *New Life Counselling*

David Hunter, *Families Achieving Change Together*

Deborah Devenney, *Ballymurphy Women's Centre*

Elizabeth Pearce, *CRUSE Bereavement Care*

Emer Smyth, *Ed Psychology, SEELB*

Denise Andrews, *Contact Youth*

Gayle Nixon, *Ed Psychology, BELB*

Geraldine Phillips, *Lisburn YMCA*

Heather Russell, *Area Bereavement Co-ordinator*

Irene Sherry, *Ashton Centre/Drochaid An Dochais*

James Marks, *Solas NI*

John Swift, *Service User Representative*

Julia Ritchie, *Institute for Counselling & Personal Development*

Kathleen Boyle, *Victim Support (Belfast)*

Maggie Lawrence, *Holy Trinity Centre Turf Lodge*

Mamoun Mobayed, *Muckamore Abbey Hospital*

Marion Walsh, *Victims & Survivors Trust*

Martin Snodden, *Conflict Trauma Resource Centre*

Martina O'Hare, *The Wider Circle*

Mary Bradley, *Survivors of Trauma*

Mary Corry, *N&W Belfast Trauma Centre*

Michael Culbert, *An Coiste*

Michael Paterson, *Trauma Management & Recovery*

Oscar Daly, *Psychiatry/Down Lisburn Trust*

Pat Campbell, *Service User Representative*  
Patricia Donnelly, *RVH, Director of Clinical Services*  
Patricia Jamshidi, *Corpus Christi Counselling Services*  
Paula Beattie, *Trauma Recovery Network*  
Pauline McCrory, *Northern Ireland Housing Executive*  
Paula Grant, *Nursing/Green Park Trust*  
Peter Baillie, *Combat Stress*  
Peter Gibson, *Deputy Director Social Services, EHSSB*  
Robin Davidson, *Clinical Psychology/BCH*  
Rosie Burrows, *Barnardos*  
Sam Lamont, *NI Retired Police Officers Association*  
Sharon Gibson, *Lisburn PSP*  
Zora Molyneaux, *New Voices, Dairy Farm Centre*

### **Other Associates and/or Project Team members**

Anne McSherry, *Physiotherapy/N&W Belfast Trust Trauma Resource Centre*  
Danny Brennan, *Mater Hospital Trust*  
Fergus Cumiskey, *Contact Youth*  
Fiona Wilson, *Physiotherapy/ N&W Belfast Trust*  
Geraldine Hamilton, *OT/ N&W Belfast Trust Trauma Resource Centre*  
Gerry Linnane, *Counsellor*  
Janine McCann, *Cognitive Therapist*  
John O'Hanlon, *Consultant/Pain Clinic Mater Hospital Trust*  
Karl Tooher, *Psychotherapist*  
Rachel Holland, *PTSD Specialist/Clinical Psychologist BCH*  
Rosie Routledge, *Occupational Therapy/N&W Belfast*

### **TRAUMA ADVISORY PANEL STAFF**

Sharon Campbell, *Co-ordinator*  
Beverley Devine, *Personal Secretary*

### **SUPPORT SERVICES AT EHSSB**

*Thanks are due to Ivan Magennis, EHSSB Press Officer and Pauline Treanor, EHSSB Corporate Services, to Jacqui Cairns and Heather Love, EHSSB Finance, for their work in support of TAP over the past year.*

# APPENDIX 2:

## REPORT ON TAP BUSINESS PLANNING 2005/2006

Item	Task	Update
1.	<b>Respond to Victims &amp; Survivors' Strategy Consultation Paper</b>	Completed - June 2005.
2.	<b>Produce TAP Business Plan for the year 2006/07 consistent with the Victims Strategy.</b>	Awaiting publication of Strategy.
2.1	<b>Mapping of Services</b> Complete online Directory	Completed - May 2005.
2.2	<b>Needs Assessment</b> including Service Gaps Analysis	Regional work commenced and is ongoing with other TAPs and Victims Unit.

Item	Task	Update
3.	<b>Research</b>	This is a regional piece of work. Arlene Healey of the Family Trauma Centre has produced a comprehensive review of quantitative research on Troubles-related trauma. This will inform the needs assessment process.
4.	<b>Co-ordination</b> Engage other key agencies in the business planning process	Ongoing. Links are facilitated between dedicated services on a local and regional basis and on a national and international basis through the European Society for Traumatic Stress.
5.	<b>Communication &amp; Information</b> Provide information on Services <ul style="list-style-type: none"> <li>• Update on-line directory on a rolling basis</li> <li>• Publish 'Traumatic Stress Services' leaflet</li> <li>• Continue initial work on One Stop Shop</li> <li>• Publish printed directory of services with business plan</li> </ul>	Ongoing  Due for publication Summer 2006.  Completed November 2005 - information provided to Victims Unit  Published with Annual Report 2006.

Item	Task	Update
6.	<p><b>Training</b></p> <ul style="list-style-type: none"> <li>• Develop Professional Development Training (GPs/Primary Care Workers)</li> <li>• Practitioner Training for Trauma based on CREST PTSD Guidelines: Cognitive Psychotherapy for Trauma and EMDR (Eye-Movement Desensitisation and Reprocessing) programmes</li> </ul>	<p>No funding has been identified for this project.</p> <p>EMDR Training Programme - EMDR I was completed by TMR/ Michael Paterson and Gerry Puk (EMDR Institute Trainer) in February 2006 with very positive feedback from participants. Intermediate Level and Level II training will be complete by September 2006.</p> <p>The Cognitive Psychotherapy for Trauma Training Programme developed by the Northern Ireland Centre for Trauma &amp; Transformation and University of Ulster at Magee is scheduled to commence in September 2006.</p>







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